

It is important to us, that we offer the classes, programs, and events at the Central DeKalb Senior Center that reflects the interests of the Seniors we serve in the area. Please let us know, what are your areas of interest?

Please circle all that apply, and then write in your specific interests.

We are glad you are here!

Arts and Crafts: Fabric Arts/Jewelry/Drawing/Pottery
Music: Lessons/Appreciation
Games: Bingo, Scrabble, Dominoes, etc.
Card Clubs: Bridge, Poker, etc.
Nutrition: Healthy Diet
Health/Wellness/Beauty/Fashion
Exercise: Mental: Brain Games/Trivia, etc.
Physical: Walking/ Dancing/Chair Aerobics etc.
Fitness: Classes: Yoga, Tai Chi, etc.
Fitness Equipment/Weights/Cardio
Books/Movies
Current Affairs
Cultural Events/Foreign Language Classes
Technology/Smart phone/Tablets
Creative Writing
Write your own history, etc.
Travel Groups
Fundraising
Volunteering
Small events: Picnics/Museums/Local Theatre/Bowling
What else?